



RED BULL EXPRESS

Serving the 1/34 BCT Soldiers at Camp Ripley, Minn.

July 17, 2009

Headlines

Alleged US missiles kill 5 in NW Pakistan

8 bus passengers treated after crash in Minneapolis

Camper uses chainsaw to fend off attacking mountain lion

A Colorado man used a chain saw to fight off an apparently starving mountain lion that attacked him during a camping trip in northwestern Wyoming with his wife and two toddlers.

Record cold high temperatures possible for metro today

Chilly and blustery. That's the un-July-like forecast for today that is poised to push temperatures down to a record cold high for this date in the Twin Cities.

A strong northerly wind is prompting the National Weather Service to call for a high today of 64. If that proves out, that would be 2 degrees below the record cold high of 66 set in 1939.

U.S.-based hotels hit by bombs in Jakarta

Pope falls, breaks wrist

Armstrong in 3rd as 13th stage begins

Question of the day

What have you learned during this Annual Training?



Spc. Erik Veldhuizen, supply specialist

"Always have a back up plan for bringing your beret. Next time I'm planing on putting one in my duffle and carrying one on me."



Pfc. Kurt Weber, intelligence analysis

"How an M4 can be really and truly apart of you. I also learned that Ose is the queen of the cooks. She really has it down."



Staff Sgt. Michael Rolfs, assistant operation sergeant

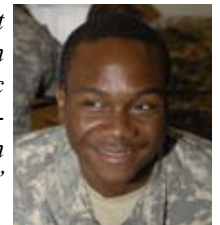
"Learned how to operate with out sleep and a lot on TOC operations."

"How to set up a CPX and run a CPX. God bless ya and good training."



Master Sgt. Christopher Bassett, senior human resource sergeant

"I learned that I want to switch my MOS to public affairs or administration to work with Sergeant Yaffa."



Pfc. Juel Hines, supply specialist

Chaplain's Corner



Chaplain (CPT) Buddy Winn
1/34 BCT Chaplain

A lot of people look around and conclude that God must be partial to some individuals. They seem to do better. Things seem to go their way more often. But according to the Bible, God makes the same opportunities available to everyone. Acts 10:34 says, "God is no respecter of persons." Another translation says, "God does not show favoritism." That means anyone, regardless of their background or position in life, can experience success, joy, contentment, and strength to persevere if they'll follow God's principles and do things His way. Never forget,

God is an equal opportunity "blesser."

Sports

MLB scores
Seattle 1 Colorado 10
Cleveland 4 San Diego 1

Chi Cubs 6 Houston 3
Washington 2 LA Dodgers 0

Milwaukee 9 NY Mets 3
Cincinnati 6 Atlanta 5

Faster than anyone Phillies slugger Ryan Howard reached the 200-HR mark.

Kahn to discuss Rubio's buyout in Spain

Weather

July 18

A few clouds from time to time. High 72F. Winds NNW at 10 to 15 mph.

July 19

Sunshine. Highs in the upper 70s and lows in the mid 50s.

July 20

Slight chance of a thunderstorm. Highs in the mid 70s and lows in the mid 50s.

July 21

Scattered thunderstorms possible. Highs in the low 70s and lows in the low 50s.

A cut above the rest

Army cook uses training to help accomplish goals

Photos and story by
PV2 Trisha Betz
1/34 BCT PAO

When the cucumbers were washed and the knives came out in the back of a dining facility at Camp Ripley, Minn., Kia Ose, a 22-year-old food services specialist was the first to peel away the outer dark green flesh of the vegetable.

While dicing up cucumbers for the evening salad Spc. Ose, assigned to the 1/34th Brigade Troops Battalion and attached to the 1/34th Brigade Combat Team talked about her future goals.

"I'm planning on opening my own restaurant in the year 2015," said Ose. "It's also my ultimate goal to have my restaurant on the show 'Diners, Drive-ins and Dives.'"

Ose enlisted in the Minnesota National Guard in 2006 with her friend, Jessica Yeske, to further her knowledge of food and advance her culinary skill set in the hopes of accomplishing her goals.

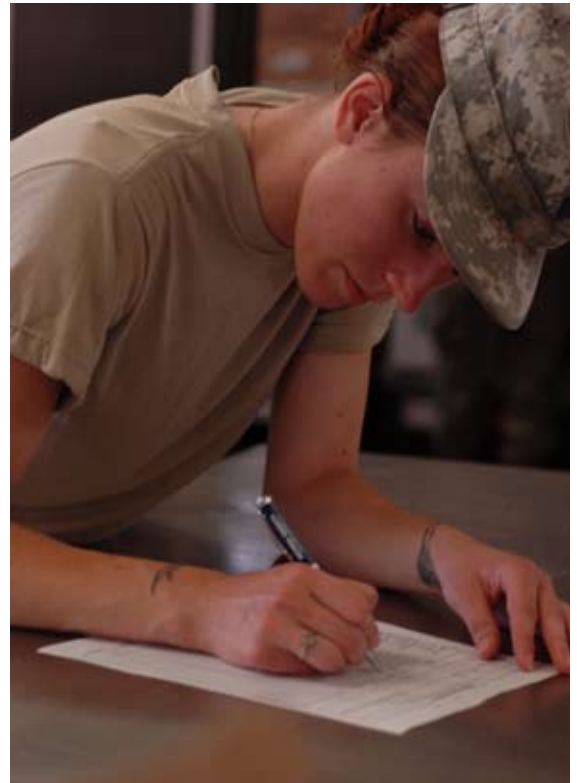
"One day my friend called me up to say she was going to join and I should join with her. I told her no. She told me to at least talk to a recruiter; I did and the rest is history," said Ose.

"The military has given me the opportu-

nity to learn how to run a kitchen by myself, and just given me general person to person interaction with customer service," said Ose. "I think the military has opened my eyes wider and given me a better perspective on what to expect as a business owner."

"I feel Ose is a good leader because she's the only person that people unanimously listen to as far as getting things done. She has a demeanor that demands respect, said Spc. Benjamin Nelson, supply specialist with Headquarters and Headquarters Company, 1/34 BCT. "She is very good management material. She takes a lot of what she does here and brings it back into her civilian work."

"She is definitely working above her pay grade and doing a wonderful job in the absence of the food noncommissioned officer," said Staff Sgt. Sam Hunt, a supply sergeant with the HHC, 1/34 BCT. "I have no doubt in my mind that she won't be able to accomplish her goals if she continues to work hard."



Above: Spc. Kia Ose prepares a food order request for her dining facility.
Left: Spc Ose cuts cucumbers for a salad.
Bottom: Ose serves diner to HHC 1/34 Soldiers at her dining facility on Camp Ripley, Minn.

